

The Lamb Inn

www.lambinnwinkton.co.uk

Tel: 01425 672 427



Autumn/Winter

Lunch Menu

served 12:00 - 15:00

Monday to Saturday

All our food is freshly prepared and cooked to order and may therefore take a little longer to be served.

We appreciate your patience.

If you require any information regarding allergens, please ask your server who will be pleased to help. However due to the wide selection of ingredients used in our kitchen and whilst a dish may not contain a specific allergen, please be aware that foods may be at risk of cross contamination by other ingredients.



The Lamb Inn

Tel: 01425 672 427



www.lambinnwinkton.co.uk

Sandwiches, Wraps, Bagels & Panini

Why not add Skinny Fries for £3.00 extra or Sweet Potato Fries for £4.00 ?

Smoked Salmon & Cream Cheese Bagel £6.50

Smoked salmon, cream cheese with Baby Gem lettuce

Chicken & Couscous Wrap £6.50

with couscous, cucumber, tomato, herbs and a yoghurt drizzle

Prawn Sandwich (on white or brown bread) £6.50

with Maryrose Sauce & shredded lettuce

Tuna & Mayo Sandwich (on white or brown bread) £6.00

with mayonnaise & cucumber

Roast Beef Sandwich (on lightly toasted white or brown bread) £6.50

Sliced roasted beef & Horseradish

Chicken Sandwich (on lightly toasted white or brown bread) £6.50

Sliced chicken breast & sliced tomato

Tomato, Mozzarella & Basil Panini (v) £5.50

Isle of Wight Tomatoes, fresh Mozzarella & basil pesto in a lightly toasted Ciabatta roll

Starters, Light Bites & Salads

Soup of the Day served with crusty bread £5.50

Salmon Nicoise Salad - Cured Salmon, soft boiled eggs, fine beans, pickled cucumber, anchovies, tomato, Cos lettuce & citrus dressing £12.50

Ploughman's Salad - Cheeses, Mini Quiche, Red Onion Marmalade, Pickled Balsamic Onions, Crunchy Apple, Salad & toasted Ciabatta (v) £10.50

Cider Glazed Hot Dogs - served in toasted, sliced ciabatta roll with onions & mustard £7.50

Jacket Potato with the topping of your choice

*Choose from the following: Prawn Cocktail, Tuna & Mayo or Chilli Con Carne £8.50
Baked Beans, Cheese or Cheese & Onion £7.00*

Garlic Bread £3.50 Cheesy Garlic Bread £4.50 (GF Bread available)

Extras

Skinny Fries £3.00

Chunky Chips £3.50

Marinated Olives £4.00

Bread, Olive Oil & Balsamic Vinegar £4.00

Sweet Potato Fries £4.00

Beer Battered Onion Rings £3.00

Nachos & Salsa £4.50

The Lamb Inn

Tel: 01425 672 427

www.lambinnwinkton.co.uk



Main Courses

Today's Warming Stew served with crusty bread £11.00

Risotto of the Day (v) £12.50

Chilli Con Carne served with fluffy rice £13.00

Pie of the Day served with creamy mash, seasonal veg and gravy £13.50

* Baked Cod with a tangy salsa topping served with seasonal vegetables £13.50

Linguine with peas, leeks and pesto (v) £12.50

Mussels in a Cream & White Wine sauce with toasted bread & samphire £15.00

Fish & Hand Cut Chips with peas & tartare sauce £13.50

Cumberland Sausages, Creamy Mash, Sautéed Onions, Vegetables & Gravy £13.50

Home made Beef Lasagne on a bed of homemade Tomato Sauce & Garlic Bread £13.50

Beef OR Lamb Burger with Monterey Jack Cheese, crispy lettuce, tomato, gherkins
in a toasted Bun with skinny fries £13.50

Portobello Burger with Goat's Cheese, Red Onion Marmalade & Tomato served
in a toasted Bun with skinny fries £11.50 (v)

* low calorie



The Lamb Inn

Tel: 01425 672 427

www.lambinnwinkton.co.uk



Desserts & Cakes

Tiramisu £6.50

Chocolate Brownie with Chocolate Ganache & Vanilla Ice Cream £6.50

Apple & Rhubarb Crumble served with Custard or Ice Cream £6.50

Hot Syrup Sponge (GF) served with Vanilla Ice Cream £6.50

Strawberry Cheesecake (GF) £5.50

Sticky Orange & Chocolate Cake with Blood Orange Sorbet £6.50

Lemon Tart with Raspberry Sorbet £6.50

Earl Grey Lemon Drizzle Cake with a Gin & Grapefruit Sorbet £6.50

Selection of New Forest Ice Creams £5.00 (3 scoops) or £1.75 per scoop

Cheeseboard £ 8.50

a selection of cheeses served with Crackers, Celery, Grapes and red onion marmalade

Coffees (£3.00 each)

Latte * Espresso * Americano * Mocha * Macchiato * Cappuccino

or why not finish your meal with one of our coffee liqueurs at only £ 6.00 each?

* Irish Coffee * Brandy Coffee * Bailey's Coffee *

* Italian Classico (Amaretto) *

* Calypso Coffee (Tia Maria) *

Teas (£2.50 each)

* English * Green * Earl Grey *

If you require any information regarding allergens, please ask your server who will be pleased to help. However due to the wide selection of ingredients used in our kitchen and whilst a dish may not contain a specific allergen, please be aware that foods may be at risk of cross contamination by other ingredients.



0210